

# UJJWAL

**A joint initiative between the RD board & Research Education  
and Training Committee of Indian Dietetic Association**

**Email for queries: [ujjwalrdboard@gmail.com](mailto:ujjwalrdboard@gmail.com)**



# UJJWAL

**A Programme to Train the Aspiring RD and Dietetic Professionals**

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Committee of Indian Dietetic Association

## UJJWAL RD Orientation Course - 2021

**Date: 31st May – 11th June, 2021**

**Time: 6 - 8 pm**

**6-session course thrice a week (Monday, Wednesday, Friday)**

### GOALS:

- To provide a platform to give an overview of the process of initiating and completing the process of becoming a Registered Dietitian
- To address concerns of the Dietetics student aspiring for internships, new interns started on the RD Programme as well as the working professional appearing for RD exam with experience criteria

### Eligibility and Beneficiaries:

Interns doing RD Internship to appear for RD exam

RD aspirants appearing/reappearing for RD exam 2022  
(Based on Internship)

Professionals who are appearing/reappearing for RD exam  
2022 (Based on Work Experience)

Professionals with more than 10 years of experience who  
wish to appear for Special RD exam

**[Click here to know RD Exam Eligibility](#)**

*Torches need to be shone on existing ways*

*Hands need to be held on rocky roads*

*And a palm should protect every candle in the rain*

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## **UJJWAL RD Orientation Course 2021 SCHEDULE**

<b>DAY AND DATE</b>	<b>THEME</b>	<b>TOPICS</b>
<b>31st May Monday</b>	Becoming a Registered Dietitian -The First Steps	The Relevance of RD Preparation for RD Inputs from RD Toppers Application to the RD Internship – Process, selection and follow through
<b>2nd June Wednesday</b>	Understanding of the Competency Package	Scheduling of Case Rotations Case Selection and Time management FSM Rotation, Mini Projects and Community Nutrition
<b>4th June Friday</b>	The Ideal Diet Recall	
<b>7th June Monday</b>	Diet Planning during RD Internship	Factors to be kept in mind for a Hospital diet plan Planning diet for a Critical care condition
<b>9th June Wednesday</b>	The Case Study	Scientific documentation of a good case study Case Study Presentation – Techniques and content
<b>11th June Friday</b>	Research Competency.	Choosing a research topic Effective completion of Research Documentation of research Standardisation Project

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## UJJWAL RD Orientation Course 2021 Registration

**Refer to Eligibility criteria in page 1 before payment**

**STEP 1:** Registration fees - **Rs. 300 +18% GST = Rs. 354/-**

**\*Account details mentioned below**

**STEP 2: Click here to Register**

- Fill your details and Submit the google form
- Join participant WhatsApp group - link provided after form submission

**\*Read the google form carefully to know which documents are required to be uploaded.**

**STEP 3: What to expect after Registering**

- You will receive a confirmation of registration after payment verification.
- The webinar links will be sent before each session by email.

**Account Details:** Can be paid by either NEFT/Cheque Deposit/UPI

ACCOUNT NAME: REGISTERED DIETITIAN BOARD INDIAN DIETETIC  
ASSOCIATION

ACCOUNT NUMBER: 315402010579989

IFSC CODE: UBIN0553069

BANK NAME & BRANCH: UNION BANK OF INDIA, ANNANAGAR, CHENNAI

**Note:**

- Only make one payment at a time. One person paying for multiple people in one transaction will not be considered.
- If opting for Cheque deposit, keep in mind clearance time for the cheque w.r.t the last date of registration (mentioned below).

Last date of Registration: **29<sup>th</sup> May, 2021**

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