UJJWAL

A joint initiative between the RD board & Research Education and Training Committee of Indian Dietetic Association

Email for queries: ujjwalrdboard@gmail.com
A Programme to Train the Aspiring RD and Dietetic Professionals
A joint initiative between the RD board & Research Education and Training Committee of Indian Dietetic Association

UJJWAL
RD Orientation Course - 2021

Date: 31st May – 11th June, 2021
Time: 6 - 8 pm
6-session course thrice a week (Monday, Wednesday, Friday)

GOALS:
- To provide a platform to give an overview of the process of initiating and completing the process of becoming a Registered Dietitian
- To address concerns of the Dietetics student aspiring for internships, new interns started on the RD Programme as well as the working professional appearing for RD exam with experience criteria

Eligibility and Beneficiaries:
Interns doing RD Internship to appear for RD exam
RD aspirants appearing/reappearing for RD exam 2022 (Based on Internship)
Professionals who are appearing/reappearing for RD exam 2022 (Based on Work Experience)
Professionals with more than 10 years of experience who wish to appear for Special RD exam

Click here to know RD Exam Eligibility

Torches need to be shone on existing ways
Hands need to be held on rocky roads
And a palm should protect every candle in the rain

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<table>
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<tr>
<th>DAY AND DATE</th>
<th>THEME</th>
<th>TOPICS</th>
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| 31st May Monday   | Becoming a Registered Dietitian - The First Steps | The Relevance of RD
|                   |                                | Preparation for RD
|                   |                                | Inputs from RD Toppers
|                   |                                | Application to the RD Internship – Process, selection and follow through |
| 2nd June Wednesday| Understanding of the Competency Package | Scheduling of Case Rotations
|                   |                                | Case Selection and Time management
|                   |                                | FSM Rotation, Mini Projects and Community Nutrition |
| 4th June Friday   | The Ideal Diet Recall          | Factors to be kept in mind for a Hospital diet plan |
|                   |                                | Planning diet for a Critical care condition     |
| 7th June Monday   | Diet Planning during RD Internship | Scientific documentation of a good case study |
|                   |                                | Case Study Presentation – Techniques and content |
| 9th June Wednesday| The Case Study                 | Choosing a research topic
|                   |                                | Effective completion of Research
|                   |                                | Documentation of research
|                   |                                | Standardisation Project                         |

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UJJWAL RD Orientation Course 2021 Registration

Refer to Eligibility criteria in page 1 before payment

STEP 1: Registration fees - Rs. 300 +18% GST = Rs. 354/-

*Account details mentioned below

STEP 2: Click here to Register
• Fill your details and Submit the google form
• Join participant WhatsApp group - link provided after form submission

*Read the google form carefully to know which documents are required to be uploaded.

STEP 3: What to expect after Registering
• You will receive a confirmation of registration after payment verification.
• The webinar links will be sent before each session by email.

Account Details: Can be paid by either NEFT/Cheque Deposit/UP

ACCOUNT NAME: REGISTERED DIETITIAN BOARD INDIAN DIETETIC ASSOCIATION
ACCOUNT NUMBER: 315402010579989
IFSC CODE: UBIN0553069
BANK NAME & BRANCH: UNION BANK OF INDIA, ANANAGAR, CHENNAI

Note:
• Only make one payment at a time. One person paying for multiple people in one transaction will not be considered.
• If opting for Cheque deposit, keep in mind clearance time for the cheque w.r.t the last date of registration (mentioned below).

Last date of Registration: 29th May, 2021

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