



**INDIAN DIETETIC ASSOCIATION**



# Launch: SIG Women's Health


12<sup>th</sup> December, 2020 (Saturday)

3:00 pm - 6:00 pm

## Theme:

*Women's Health with Nutrition -  
A Prerequisite from Preconception to Menopause*

## Agenda

Moderator:  **Dr. Geeta Dharmatti**  
Lead SIG & Education Committee  
National Executive Committee Member IDA

**03:00PM** Lamp lighting & Prayer

**03:10PM - 03:15PM** President's address  **Dr. Jagmeet Madan**  
National President IDA,  
Chairperson SIG Women

**03:15PM - 03:20PM** Theme introduction  **Ms. Shilpa Joshi**  
National Vice President,  
Co-Chairperson SIG Women

**03:20PM - 03:40PM** Session 1  Moderator: **Ms. Madhu Sharma**  
National EC Member

**Growth patterns of Indian Children- Action points for nutritionists**



**Dr. Bhavneet Bharti**  
Prof of Pediatrics,  
APC, PGIMER, Chandigarh

**03:40PM - 04:00PM** Session 2  Moderator: **Dr. Jagmeet Madan**  
National President IDA,  
Chairperson SIG Women

**Nutrition and Menopausal Health**



**Dr. Meeta Singh**  
Obstetrician & Gynaecologist  
Past President,  
Indian Menopausal Society

**04:00PM - 04:15PM** Q & A

**04:15PM - 05:00PM** Panel Discussion 1  Moderator: **Ms. Shilpa Joshi**  
National VP IDA,  
Core Committee Member,  
SIG Women


### DoHaD



**Dr. C. S. Yajnik**  
Director of the Diabetes Unit at the King Edward Memorial Hospital and Research Centre in Pune



**Dr. Tejas Limaye**  
Dietitian, Diabetes unit, KEM Hospital, Pune  
Joint Secretary,  
IDA Pune Chapter

**05:00PM - 05:45PM** Panel Discussion 2  Moderator: **Ms. Anuja Agarwala**  
National VP IDA,  
Core Committee Member,  
SIG Women

### SIG Women IDA: Roadmap way ahead



**Dr. Latha Shashi**  
Head of Department of Nutrition and Dietetics, Fernandez Hospital Hyderabad



**Dr. Seema Puri**  
Associate Professor, Institute of Home Economics, University of Delhi



**Dr. Bhavneet Bharti**  
Prof of Pediatrics, APC, PGIMER, Chandigarh




**Dr. Meeta Singh**  
Obstetrician & Gynaecologist  
Past President,  
Indian Menopausal Society



**Dr. Shobha Udipi**  
Hon Director, Integrative Nutrition and Ayurceuticals, MRC, Kasturba Health Society, Mumbai



**Dr. Jagmeet Madan**  
National President IDA,  
Chairperson SIG Women

**05:45PM - 06:00PM** Vote of Thanks  **Dr. Geeta Dharmatti**  
Lead SIG & Education Committee  
National Executive Committee Member IDA



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