



## **INSTRUCTIONS TO THE CONTRIBUTORS**

Authors submitting articles for publication in the Journal of Indian Dietetic Association (JIDA) are requested to strictly adhere to the following guidelines.

1. The pages of this journal, published half yearly, shall ordinarily be open to members of Indian Dietetic Association (IDA) for communicating, research articles (full length paper and short communication), scientific essays, survey and clinical reports, reviews etc. on any facet of human nutrition, dietetics and related disciplines. IDA members are also welcome to submit for consideration of the Editorial Board general/critical articles that may be useful in the sphere of planning, research, education, extension, development and management of diet and nutrition. The Editor-in-Chief of JIDA may also invite articles from distinguished persons (even non-IDA members) in India and abroad for publication in the journal.
2. Each article should be submitted in duplicate, readably typed (on one side of the paper) with double spacing in deep black letters, leaving 4 Cm margin at the top, bottom and left-hand side on approximately 30 cm long and 20 cm wide white unruled paper. Alternatively the paper may be submitted in a CD after typing in Windows MS-Word File along with two hard copies. Article may also be send via email to [editorialboardjida@gmail.com](mailto:editorialboardjida@gmail.com)/ [ninasingh1@gmail.com](mailto:ninasingh1@gmail.com).
3. Authors, who are members under the jurisdiction of any IDA chapter. are instructed to submit articles (advisably not more than one article at a time in any one issue) to the concerned Chapter President for transmitting the same, after due local editorial scrutiny, to the Publication Secretary for final editorial processing. The authors will be duly intimated of the action taken by the Chapter President concerned. Authors may also send articles directly to the Publication Secretary.
4. Articles, already published wholly or partly or under consideration elsewhere (in English or other languages) will not be entertained. Further, the same content in another form, cannot be communicated to any other forum or journal without the prior consent of the Editor-in-Cheif of JIDA. Again, while sending typescripts of articles for publication articles (already published or to be

published elsewhere) related/similar to the ones being submitted should also be enclosed for Editor-in-Chief's notice.

5. Articles must be concise and contain only minimum necessary number of figures, diagrams and especially photographs.
6. Each article (not exceeding 2,000 words and 1000 words for full length paper and short communication, respectively) should start with a self-explanatory title at the top, below which the name(s) of the author(s) should be typed, both in capital letters. Just below the name(s), the complete address of the Institution where the work has been carried out or the address(es) of the author(s) should be typed with ordinary letters and underlined. Official designation and present address of any author, if needs to be printed, should be given at the footnote below a horizontal line on the first page, suitably indicising with asterisk(s). A running title with key-words should also be given on the top of all subsequent pages.
7. A research-based article either a full length paper or short communication should preferably be presented in formal style under the following headings in sequence typed centrally in capital letters : ABSTRACT (not exceeding 150 words only for full length paper), INTRODUCTION (not required for short communication), MATERIAL(S) and METHOD(S), RESULT(S), DISCUSSION (or, RESULTS and DISCUSSION combined), ACKNOWLEDGEMENT (if any), REFERENCE(S). Tables, figures, diagrams and photographic plates, if any, should all be placed at one place and only at the end of the RESULTS. These should be numbered (as Table 1 & c) with captions typed in ordinary letters, not underlined and should be referred to in the text as Table 1, Fig; 1, Plate 1 and in this way. Illustration in line should be drawn boldly in India ink on smooth, white card. All necessary shading must be done by well-defined dots or lines. Colour, either in lines or wash, should be avoided. Due allowance for reduction must be made in the size of lettering, thickness of lines and closeness of shading. Photographs should be glossy print in black and white. REFERENCE(S) should be prepared in the following style. Abbreviation of journals should be according to the World List of Scientific Periodicals.
  1. Burke, B.S.; Berg Van den and Stuart, H.C. (1961) : Relationship between animal protein, total protein and total calorie intakes in diets of children from one to eighteen years of age. *Am. J. Clin. Nutr.*, 9 : 729-735.

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In case of a book reference, the title of the book should be underlined, ending with a full-stop and followed by the publisher's address. To quote a paper in the body of the article, the name(s) of the author(s) followed by year should be referred to without giving any number, e.g., Hobbs and Roberts (1987), Kirby *et al.* (1981).

**Numbering of the References in the Text should match with the final bibliography.**

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