



53rd **IDA CON 2020**

**Virtual International Conference of
Indian Dietetic Association**

Dates:

21st November, 2020 - 10th January, 2021

Theme:

**Dietetics in the Digital Era:
Opportunities & Challenges**

www.ida2020.live

Register
@

Registration is free but mandatory

**For Registration & Inquiry
Ph: +919099331348 / 49**

Email: idacon2020@gmail.com

Organizing Committee



Dr. Jagmeet Madan
Chairperson
National President
Indian Dietetic Association

Organizing Secretaries



Ms. Mitali Palodhi
National Vice President - HQ



Ms. Anuja Agarwala
National Vice President



Ms. Shilpa Joshi
National Vice President

Conference Joint Secretaries



Ms. Naaznin Husein
NEC Member



Ms. Rima Rao
NEC Member



Dr. Nimali Singh
Chapter Convenor
Rajasthan



Dr. Kavita Bakshi
Chapter Convenor
Nagpur



Ms. Sheryl Salis
National Jt. Secretary,
IDA

Supported by:



Ms. Bamini Murugesh
Chairperson,
RD Board



Ms. Sumona Mondal
National General
Secretary



Ms. Ipsita Chakravarti
National Treasurer



Dr. Nina Singh
Publication Secretary



Dr. Geeta Dharmatti
Head – Education Committee

- A National Executive Committee Members (2019 – 2021)
- IDA Subject Interest Group Teams

10th January, 2021 (Sunday)

SCIENTIFIC PROGRAMME

9:30AM - 10:45AM

Inauguration

Chairpersons

Dr. Jagmeet Madan

National President IDA
Principal, Professor,
Department of Food Nutrition
and Dietetics, Sir Vithaldas
Thackersey College of Home
Science (Autonomous) SNT
Women's University, Mumbai

Ms. Mitali Palodhi

National Vice-President -
IDA (HQ)
FSSAI Steering
Committee Member
Convenor NETPROFAN
Northeast Region

Moderators

Ms. Anuja Agarwala

National Vice President, IDA
Senior Dietitian, Department
of PEDIATRIC AIIMS New Delhi

Ms. Shilpa Joshi

National Vice President, IDA
Director, Mumbai Diet and
Health Centre. Mumbai

9:30AM - 09:35AM

Inauguration Welcome by Moderator

Ms. Anuja Agarwala

National Vice President, IDA
Senior Dietitian, Department
of PEDIATRIC AIIMS New Delhi

9:35AM - 09:37AM

Invocation

9:37AM - 09:52AM

Welcome Address Presidential Address

Dr. Jagmeet Madan

National President IDA Principal,
Professor, Department of Food Nutrition
and Dietetics, Sir Vithaldas Thackersey
College of Home Science (Autonomous)
SNT Women's University, Mumbai

9:52AM - 09:55AM

Lamp Lightning

9:55AM - 10:10AM

Guest of Honor

Dr. John Mathai

President ISPGHAN,
Former Professor and Head of Pediatrics
and Pediatric Gastroenterology,
Masonic children's Hospital, Coimbatore

10:10AM - 10:25AM

Chief Guest Address

Dr. V.K. Paul

Member, Niti Aayog (Health)
Chairman of The Board of Governors of
Medical Council of India
Former Professor & Head, Department
of Pediatrics, AIIMS, New Delhi

10th January, 2021 (Sunday)

SCIENTIFIC PROGRAMME

10:25AM - 10:30AM

Inauguration of Course CDNSE - (IDA- RSSDI Collaboration)

Dr. Banshi Saboo

President (RSSDI)
Research Society for Study
in Diabetes India

Dr. Jagmeet Madan

National President, IDA
(Indian Dietetic Association)

Ms. Shilpa Joshi

National Vice President, IDA

Dr. Geeta Dharmatti

Chairperson, Education, Training
and Research Committee, IDA

10:30AM - 10:35AM

Innauguration of Course in Pediatric Nutrition
(IDA – ISPHAGAN Collaboration)

Dr John Mathai

President ISPGHAN

Dr. Jagmeet Madan

National President, IDA
(Indian Dietetic Association)

Ms. Anuja Agarwala

National Vice President, IDA

10:35AM - 10:40AM

Vote of thanks

Ms. Shilpa Joshi

National Vice President, IDA
Director, Mumbai Diet and Health Centre

10:45AM - 11:15AM

Keynote address
Nutritionally enhanced crops -
Technology to application

Dr. B. Sesikeran

Former Director
National Institute of Nutrition
ICMR, Hyderabad

Chairpersons

Moderator

Ms. Ipsita Chakravarti

National Treasurer IDA
HOD Department of Dietetics
The Calcutta Medical Research
Centre, Kolkata

Dr. Asna Urooj

RD Board member, IDA
Professor & Chairperson
Dept of Studies in Food
science & Nutrition
University of Mysore

Ms. Sumona Mondal

National Secretary IDA
Assistant Professor, Department of Dietetics
and Nutrition NSHM, Knowledge Campus,
Kolkata, MAKAUT

11:15AM - 11:25AM

Q & A

11:25AM - 12:00PM

Keynote address
Scientific Research and
Presentation in Nutrition

Dr. Anoop Misra

Chairman, Fortis-CDOC New Delhi
Director, National Diabetes, Obesity &
Cholesterol Foundation, and
Diabetes Foundation

Chairpersons

Moderator

Ms. Rekha Sharma

Director, Diabetes Foundation (India)
Former, National President, IDA
Former Chief Dietitian, AIIMS

Ms. Madhu Sharma

NEC Member, IDA
Former Sr Dietician,
PGIMER, Chandigarh

Ms. Salome Benjamin

Consultant Dietitian,
Jupiter Hospital
Former RD Board Chair,
IDA

10th January, 2021 (Sunday)

SCIENTIFIC PROGRAMME

12:00PM - 12:10PM

Q & A

12:10PM - 01:30PM

Entrepreneurship and Dietetics:
A step forward to Atma Nirbhar Bharat

Panelists

Dr. Dayakar Rao

Principal Scientist, CEO,
Nutrihub –TBI, ICAR- IIMR,
Hyderabad

Mr. Amit Srivastava

CEO NUTRIFY INDIA

Dr. Prabodh Halde

EX-PRESIDENT AFSTI

Dr. R.B.Smarta

Chairman and M.D Interlink
Marketing Consultancy Pvt. Ltd

Dr. Zubeda Tumbi

Clinical Dietitian

Mr. Raktim Chattopadhyay

CEO ESPERER ONCO NUTRITION

Ms. Rashida Vapiwala

Founder Label Blind

Dr. Subash Bhattacharjee

CFTRI, CSSI, Guwahati

Mrs. Preeti Deshmukh

Nutripreneur, Food Matters

Chairpersons

Moderator

Ms. Naaznin Husein

National Executive Committee
Member, IDA Founder,
Freedom Wellness Management

Ms. Neelanjana Singh

National Executive Committee
Member IDA,
Nutrition Consultant,
Author, Columnist

Ms. Sangeetha Narayana

National Executive Committee Member, IDA
Chief Dietitian and F&B HOD,
Yashomati Hospital Bangalore

01:30PM - 02:30PM

Lunch

02:30PM - 03:00PM

Keynote address
RDA 2020: The Why's and
How's of the Salient Highlights

Dr. Anura Kurpad

Professor of Physiology and Nutrition
St John's Medical College, Bengaluru

Chairpersons

Moderator

Dr. Seema Puri

Associate Professor,
Institute of Home Economics,
University of Delhi

Ms. Sheela Krishnaswamy

Nutrition & Wellness Consultant
Founder, Nutrition Nectar
Former National President, IDA
Former Country Rep & Director, ICDA

Dr. Geetha Santosh

NEC member, IDA
Assistant Professor,
Department of Nutrition and Dietetics,
Mount Carmel College, Bengaluru

03:00PM - 03:10PM

Q & A

10th January, 2021 (Sunday)

SCIENTIFIC PROGRAMME

03:15PM - 03:45PM

Keynote address
Challenges and opportunities
for dietitians during
COVID 19 Crisis

Dr. Chwang Leh Chii

Honorary President, AFDA
President, Chinese Dietetic Society,
Taipei, Taiwan

Chairpersons

Moderator

Dr. Venu Seth

Nutrition Consultant,
Visiting Faculty & Former
Associate Professor & HOD Nutrition,
Lady Irwin College, Delhi University
Former member of IDA RD Board

Ms. Anita Jatana

Convenor Delhi Chapter, IDA
Chief Dietitian
Indraprastha Apollo hospital, Delhi

Ms. Vibha Hasija

RD Board Member, IDA
Assistant Professor College
of Home Science,
Nirmala Niketan, Mumbai

03:45PM - 03:55PM

Q & A

04:00PM - 05:30PM

Nutrition care process and Dietetics in different settings -
Impact Of COVID Pandemic
Challenges, and solutions for the New Normal -
Global and Indian Perspective

Panelists

Rowan Stewart

CEO Australian Dietitian
Co-Founder and Director of
Nutrition Care Professionals(NCPro)

Ms. Monique Richard

President IAAND
MS, RDN, LDN, FAND, RYT-200
Integrative Dietitian Nutritionist,
Registered Yoga Teacher
President, International Affiliate of
the Academy of Nutrition and Dietetics

Dr. Chung-Mei Ouyang

Director, Department of Dietetics,
National Taiwan University Hospital
Hsin-Chu Branch, Hsin-Chu, Taiwan
Board member, Chinese Dietetic Society,
Taiwan

Ms. Gladys

Senior Principal Dietitian
Khoo Teck Puat Hospital
90 Yishun Central Singapore
Past Chair, Dietitians in Integrative
and Functional Medicine

Professor Saheen

Chief Advisor, BADN
Fmr HOD, Government Home
Economics College, Bangladesh

Ms. Ritika Samaddar

Chief Clinical Nutritionist,
Regional Head- Department of Clinical
Nutrition and Dietetics
Max Healthcare, New Delhi

Ms. Shiny Surendran

Consultant Sports Nutritionist,
Weight Management specialist
Hande Medical Centre
Chennai, Tamil Nadu

Ms. Sheryl Salis

Founder & Director,
Nurture Health Solutions, Mumbai
Naturopath, Certified Diabetes Educator,
Wellness Coach, Lecturer, Health Writer
& Insulin Pump Specialist

Ms. Babita Hazarika

HOD, Department of Dietetics
Apollo Gleneagles Hospitals
Kolkata

Chairpersons

Moderators

Dr. Jagmeet Madan

National President IDA
Principal, Professor,
Department of Food Nutrition
and Dietetics, Sir Vithaldas
Thackersey College of Home
Science (Autonomous) SNDT
Women's University, Mumbai

Ms. Bamini Murugesh

Chairperson RD Board, IDA
General Manager Nutrition
Support Services, Sundaram Medical
Foundation, Chennai

Ms. Ritu Sudhakar

RD Board Member, IDA
Chief Dietitian,
Dayanand Medical College
and Hospital Ludhiana

Dr. Eileen Canday

RD Board Member, IDA
Chief Dietitian Reliance
Foundation Hospital

10th January, 2021 (Sunday)

SCIENTIFIC PROGRAMME

05:30PM - 06:00PM

Digitalisation as a step up
in early life nutrition

Ms. Vaishali Madkaikar
Consultant Pediatric Nutritionist
and Metabolic Dietician
Dinanath Mangeshkar Hospital, Pune

Chairpersons

Moderators

Dr. Dharini Krishnan

Director, D.V. Living Science
Enterprises Pvt Ltd
Former President IDA

Dr. Anooja Thomas

NEC member, IDA
Principal Baker College for Women,
Kottayam

Dr. Preeti Shukla

NEC member, IDA
Director, Nutri Needs
Health Consultancy, Indore

Ms. Meenakshi Bajaj

NEC member, IDA
Dietitian, Tamil Nadu Govt.
Multi Super Specialty Hospital,
Chennai

06:00PM - 06:30PM

Keynote address
Dietetics in digital era -
Advances in nutrigenomics
and personalised nutrition

Dr. V. Saroja Voruganti
Associate Professor,
University of North Carolina,
Chapel Hill, USA

Chairpersons

Moderators

Dr. Geeta Dharmatti

NEC member, IDA
Director, Geeta NutriHeal
Consultancy, Pune

Ms. Rima Rao

NEC member, IDA
Associate Professor
Sadguru Home science College,
Rajkot

Dr. P. Nazni

Convenor Kilakarai
Chapter, IDA
Professor and Head
Periyar University

Ms. Nina Singh

Publication Secretary, JIDA
Consultant Dietitian, Fit for Life,
Former Chief Dietitian
Woodland Hospitals, Kolkata

06:30PM - 06:40PM

Q & A

06:40PM - 07:30PM

Valedictory Function and Awards Announcements

Chairpersons

Moderators

Dr. Jagmeet Madan

Ms. Mitali Palodhi

Ms. Anuja Agarwala

Ms. Shilpa Joshi

Ms. Naaznin Husein

Ms. Rima Rao

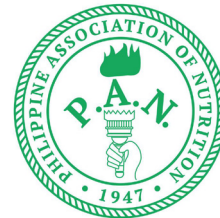
Dr. Nimali Singh

Dr. Kavita Bakshi

Collaborating International Associations



**Bangladesh Academy of
Dietetics & Nutrition**



Indians in Nutrition and Dietetics
a member interest group of the
eat right. Academy of Nutrition and Dietetics

*Our ability to reach Unity in Diversity will be the
beauty and test of our civilization!*

- Mahatma Gandhi -

You have to taste a culture to understand it.

- Deborah Cater -

