



# UJJWAL

**A Programme to Train the Aspiring RD and Dietetic Professionals**

A Joint Initiative between the RD Board &  
Research -Education-Training Committee of Indian Dietetic Association

**An Intensive Course of 3 Modules to Unleash your Potential  
with the Help of Case Discussions, Clinical Insight and  
Practical Tips from Experts in the Field of Dietetics.**

**Case Study Series:** A 12-part programme with in-depth case study analysis and discussions. **STARTING SEPTEMBER 5, 2020.**

**Refresher Course:** A 6-part programme scheduled in December, 2020 to prepare students for RD Exam.

**Orientation Course:** A 6-part programme in the month of May, 2021 to guide you through your RD internship.

## Who Can Enroll?

**RD Aspirants, Practicing Dietitians,  
Academics and Nutrition/Dietetics Students**

## We Nourish By:

Addressing the concerns of RD students

Providing detailed case analysis and presentation

Delivering insights into preparation for the RD Exam

**Explore a plethora of knowledge and skills with the journey of  
'UJJWAL'**

Event Coordinators: Ms. Bamini Murugesh, Ms. Vibha Hasija,  
Ms. Meenakshi Bajaj and Dr. Sandhya Singh

**Email for queries : [ujjwalrdbboard@gmail.com](mailto:ujjwalrdbboard@gmail.com)**



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## Ujjwal Case Study Series

**STARTING SEPTEMBER 5, 2020**

Duration: 3 months (Sept-Nov, 2020)

Schedule: Every Saturday 3-4 pm

An exhaustive webinar series conducted by professionals with expertise in the field of dietetics.

Get detailed inputs in nutritional management of various diseases in the form of case study presentations!

## Topics Covered

**September-** Onconutrition

**October-** Critical Care and Renal Nutrition

**November-** CVD, Type 1 Diabetes and GI Disorders

Topics as per RD exam pattern  
2 cases per week  
Pediatric cases will be covered

## Added Benefits

Get tips to solve case studies in RD exam.

A unique opportunity to observe the thought process of working with experienced dietitians.

Registration Fees: ₹590/- (₹500+ 18% GST)  
E-certificates will be provided to all participants.



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## **UJJWAL CASE STUDY SERIES- REGISTRATION**

This registration is only for CASE STUDY DISCUSSIONS.  
Kindly go through all the steps before filling out the form.

### **Step 1: Payment**

Registration Fees – Rs. 500 + 18% GST = Rs.590

\*Note:

- ONLY make one payment at a time. NO Group payments
- If opting for Cheque Deposit, consider the clearance time and last date of registration.
- Keep a soft copy of receipt and payment ID to upload in the google form

MODE OF PAYMENT: NEFT/Cheque deposit/UPI

ACCOUNT NAME: REGISTERED DIETITIAN BOARD INDIAN DIETETIC ASSOCIATION

ACCOUNT NUMBER: 315402010579989

IFSC CODE: UBIN0531545

BANK NAME & BRANCH: UNION BANK OF INDIA, AGRIPADA, MUMBAI

### **Step 2 – Fill the Google Form**

CLICK HERE to register

- Join the WhatsApp group using the link mentioned in form.
- Fill the form and 'Submit'

\*Note: Keep your IDA Membership number and image of IDA Certificate/Receipt/ID Card or Student ID Card of 2019-20

### **Step 3– After Registering**

- You will receive a confirmation email after payment verification.
- The session links will be sent on the morning of the event by email.

Last Date for Registration : AUGUST 31, 2020

Email for queries : [ujjwalrdboard@gmail.com](mailto:ujjwalrdboard@gmail.com)