

Clinical Dietetics Manual



Indian Dietetic Association
2011

CONTENTS

Sl. #	Content	Compiled By	Page #
1.	BASIC DIETETICS	Latha Sashi (Hyderabad)	9
2.	GASTROINTESTINAL DISORDERS	Namrata Singh (Delhi)	14
3.	DIABETES MELLITUS	Meenakshi Bajaj (Chennai)	23
4.	CARDIAC DISEASES	Nirmala Jesudason (Chennai)	31
5.	KIDNEY DISORDERS	Gurdeep Kaur (Delhi)	40
6.	CANCER	Swarupa Kakani (Bangalore)	50
7.	HIV	Mahendri N V (Vellore)	56
8.	BURNS	Mahendri N V (Vellore)	66
9.	CRITICAL CARE	Salome Benjamin (Mumbai)	74
10.	GERIATRICS	Bamini Murugesh (Chennai)	84
11.	PEDIATRICS	Madhu Sharma (Chandigarh) & Anuja Agarwala (Delhi)	88
12.	CRITICALLY ILL PEDIATRIC ENTERAL NUTRITION	Salome Benjamin (Mumbai)	121
13.	PEDIATRIC CARDIAC PROBLEMS	Nirmala Jesudason (Chennai)	132



Edited by :
Sheela Krishnaswamy (Bangalore)
& Dharini Krishnan (Chennai)



Compilation by :
Shobha Kumar (Bangalore)

Clinical Dietetics Manual

Second Edition



Indian Dietetic Association

CLINICAL DIETETICS MANUAL

SECOND EDITION



INDIAN DIETETIC ASSOCIATION

Elite Publishing House

4632/18, Ansari Road, Daryaganj, New Delhi-110002 Phone: 011-41004299 E-mail: rg_elite@yahoo.com

Contents

<i>Foreword</i>	v
<i>Preface</i>	vii
<i>Profile of Contributors</i>	ix
1. Basic Principles of Dietetic Practice <i>Latha Sashi</i>	1
2. Obesity <i>Janaki Srinath, Shilpa Joshi</i>	13
3. Diabetes Mellitus <i>Meenakshi Bajaj, Sheryl Salis</i>	33
4. Coronary Artery Disease A. Adults <i>Nirmala Jesudason, Sheila Swarnakumari</i>	51
B. Pediatric Congenital Heart Disease <i>Nirmala Jesudason, Merina Elizabeth Alex</i>	72
5. Kidney Diseases <i>Zamurrud Mobin Patel</i>	82
6. Gastrointestinal Disorders <i>Namrata Singh, Neelanjana Singh, Charu Arora</i>	101
7. Bariatric Surgery <i>Preeti Shukla, Ritika Samaddar</i>	123
8. Nutritional Support in the Critically Ill: Enteral Nutrition A. Adults B. Pediatric <i>Salome Benjamin, Eileen Canday</i>	133

9. Nutritional Support in the Critically Ill: Parenteral Nutrition A. Pediatric B. Adults <i>Salome Benjamin, Eileen Canday</i>	155
10. Cancer <i>Afroz Farhana, Swarupa Kakani</i>	175
11. Burns Trauma <i>Mahendri NV</i>	188
12. Solid Organ Transplantation <i>Priyanka Rohatgi, Geetha Santosh</i>	200
13. HIV & AIDS <i>Mahendri NV</i>	212
14. Pediatric Nutrition A. Basics B. Common Disorders <i>Anuja Agarwala, Madhu Sharma</i>	222
15. Ageing <i>Bamini Muruges, T.D. Geethanayaki</i>	247
16. Annexures	257
17. List of Abbreviations	296
Index	303